

Beaver Hollow

CONFERENCE CENTER



ReEnergizing Activity Offerings



Wellness & Fitness

Stretch Break

One of our Trainers leads the Group in a series of stretches and movements designed to energize and invigorate the body.

Instructional Breathing

One of our Trainers instructs the Group in proper breathing techniques.

Nature Hike

Your Group will explore our numerous trails that wind throughout our beautiful property, led by one of our Hike Guides. The guide points out

interesting features along the trails. This activity can be tailored to the physical state of the participants.

Yoga

Our Instructor will take your Group through a progression of Yoga moves and poses, while teaching them the useful applications of the moments as well as proper form.



Outdoor Activities

Team Challenge on the Beach

We have 2 activities to boost that Team competitive spirit:

Raft Building Competition

Catapult Building Challenge

Scavenger Hunt

Our Scavenger Hunt will sure to get your Group out and explore the property by searching for clues and solving riddles and add Cellphones are encouraged as participants are required to produce visual proof of their finds and GPS guidance may be required.

Let's go Fishing

Never have the opportunity to fish before. Well here's your chance. We provide all the equipment and teach those first-timers the proper casting technique.



Holiday & Seasonal Activities

Window Box Garden

Our Gardener assists the Group with creating their own unique mini-garden while explaining the benefits of the various herbs and other plantings. The mini-gardens can be taken home by the group to be enjoyed through the season.

Pumpkin Carving & Beer Tasting

This is a great Activity during the Fall Season and especially Halloween

Snowman Building & Hot Chocolate

Do you want to feel like a kid again? Build a Snowman! We help by providing fun material to embellish the Snowmen.

Cookie Decorating

Have you ever wanted to learn how all those beautiful holiday cookies are created? You will both learn and have the chance to create your own. Great add on fun for your Holiday Party or winter meeting!

Gingerbread House

There's nothing like the smell of gingerbread that says its Holiday Time! We provide the gingerbread pieces to build the houses and leave the decorating to you and your teams! Watch the teamwork and creative side of your group come to life in this fun and challenging holiday time activity.



Food & Beverage Activities

Culinary Challenge

One of our most popular activities from year to year.

We make it fun by inviting our Staff to participate as Judges.

Beer Tasting & Pretzel Making Challenge

What 2 activities go better together than these? Test your familiarity with beer and complement it with a unique pretzel creation.



These Activities represent a sampling of the options and possibilities available to your Group. They are organized and/or facilitated by our Staff. If there is an Activity not listed here, we encourage you to contact us so that we can incorporate your ideas into your Agenda.