

Beaver Retriever: Standing outside a circle approximately 30 feet in diameter, whose center point is a large tree, the group is challenged to create a system of retrieving randomly placed objects inside the circle. The group is provided with a 100-foot length of rope. Neither the rope nor any person may make contact with the ground inside the circle.

Blind Mile: The group is asked to partner into groupings of two. One Partner is then blindfolded and led by their partner through a walk in the woods with some obstacles to navigate around. Then the partners switch blindfolds and the other partner walks a different course in the woods led by their partner going over and under some obstacles. This activity initiates trust, differing forms of communication and interpretation of communication within the group.

All Aboard: Participants are challenged to get the group to balance on a 2'x2' platform and hold a position for at least 5 seconds. This activity is a great finish to the Islands Activity.



Catapult Challenge: A fun group challenge that draws on the individual skills of each member of the team. Each team collects their materials through a draft process and collaborate on an effective design they plan to construct. Each team must construct their catapult within a specified time frame. Test launches are staged with final modifications allowed. Each team then launches tennis balls, grapefruit or watermelon to determine a team victor for distance, accuracy and design.

Culinary Challenge: This activity is one that effectively incorporates a diverse field of interpersonal issues creative problem solving, innovation, time management, planning, teamwork and FUN!! It also lends itself to many relevant group takeaways and clearly illustrates useful metaphors for challenges the group faces in their workplace environment. The group is divided into working teams, presented with similar ingredients, tools, and equipment then challenged with creating their own unique product. Judging criteria for each team's final product can be established on a variety of outcomes; timeliness, creativity and innovation, visual presentation, equitable team member participation, etc. Our chef offers his assistance as a co-facilitator and also as a resource for any team.

Frenzy: Groups are placed into teams and challenged to gather all the Tennis Balls from the center Hoop and place them into their teams Hoop within a given amount of time.

Gyroscope: Participants are placed into groups of 6 people. Groups are challenged to turn someone on the team head over heels while holding a cup of water, and not spill the water.

Tying the Knot: Participants are challenged to stack pairs of loaded Mouse Traps on the edge with the metal spring facing towards the inside. Each new level is stacked on top of and perpendicular to the pair below.

Climbing Tower: Participants are trained in proper belay and climbing techniques. They are then given the opportunity to climb any of our 3 climbing surfaces.



Knotty Business: Participants are split into groups of 6 people. They each hold the end of a rope, and then are asked to create the largest, nastiest knot possible without letting go of their ropes.

GeoCaching: We are the only Conference Center or Teambuilding facility in the area offering GeoCaching. This activity is the newest teambuilding activity. Based on the scavenger hunt concept, GeoCaching integrates state of the art Global Positioning System (GPS) technology with a team hunt. We hide a number of "caches" throughout our 200 acre property, inside of which are clues to help the team locate the next cache. Teams must navigate their way throughout our property along the Nature Trail using a handheld GPS unit to locate their particular cache. Teams must navigate their way throughout our property along the Nature Trail using a handheld GPS unit to locate their particular cache. This is a fun activity that can be done any time of the year.

Finding Balance: Balance 14 nails on the head of one nail, which is placed upright in a block of wood.

Flying Squirrel: A team of runners are attached to a line which will launch one of the group (the Squirrel) into the air in a pendulum swing 15-20' off the ground.

Back Writing: Teams of 5-10 individuals are lined up single file, front to back, in rows. Symbolic messages are drawn on the back of the person in front and passed down the line "silently." No verbal communication of the message is allowed. The last person in the line writes out the message they received. An effective initial activity that illustrates communication.

Gotchya: Participants stand in a circle, arms out to the side. Left hand palm up, right index finger pointing down and touching your neighbor's outstretched palm. "When I say the word Gotchya, do two things.... grab the finger in your left hand, and prevent your right finger from being grabbed".

Have You Ever: Individuals are set up in a circle around a piece of paper. The person in the center starts that game by asking "Have you ever...?" Anyone who has ever done the named task is required to move to a new location. Much like musical chairs, there is a scramble for available locations. The person left without a spot on the circle goes to the center and proposes the next question.

High Ropes Course: Participants are challenged to climb trees to heights of 23-40 feet and traverse a variety of elements. The High Ropes Course offers the participant several options, culminating with the Leap of Faith platform placed 42 feet up.

Lean on Me: Each participant is given three knives and three marshmallows. They are shown a picture and asked to recreate the picture. In the second sequence participants are asked to partner with someone and then shown another picture using six knives and six marshmallows and asked to recreate a second photo. The third sequence participants are asked to create teams of four individuals; they are then shown a third picture and asked to recreate the photo using 12 knives and 12 marshmallows. Groups that are physically capable are asked to create the photos using their bodies, using their arms as marshmallows and their and feet as knives.

Puzzled Vision: As your group sits to start their meeting one of our facilitators enters the room and begins a lesson on the importance of a shared vision. Participants are asked to look under their chairs and remove an envelope. They are informed that this envelope contains a piece of a puzzle. Participants are asked to assemble the puzzle, then challenged to take their piece of the puzzle and assemble it on the ceiling of the meeting room. We will use your companies Vision, Mission, or any statement you wish upon the puzzle.

Noodle Press: Participants are divided up into groups of two and four; they are given a large number of 1 inch cut foam noodle pieces. They are then challenged to compile the noodles into a large "press". The group with the largest "press" of noodle pieces will be the winner. The guideline is that every time a noodle piece is added the individual adding the noodle piece must reveal a fact about themselves or ask a question of the group.

Raft Building: Each team collects their materials through a draft process. They must inventory their materials and create a drawing of the raft they plan to build. All designs are approved, and then the groups are allotted a specific amount of time to construct their raft. The teams then race their rafts on the lake around a buoy and return to the beach. Rafts are then dismantled and all supplies are returned to the supply depot. The first group to complete this is the winner.

Rope Cuffs: Participants are asked to choose a partner and stand facing each other. One person places the rope cuff over both of their wrists. The second person places one hand into the wrist loop; they pass the middle of their rope through the other person's rope and place the loop on their other wrist. They are now connected together. The challenge is for the partners to become separated without altering the ropes at all.

Shut Your Trap: Using mousetraps and teamwork the group is guided through three sequences of loading and unloading the traps. This activity is a powerful tool, requiring trust and communication, used to grow leadership and open communication within your team.

Spider Web: Each person, without touching the string, passes through a different hole in a string "Spider Web" that is suspended between two trees. Once a person is successful on the Spider Web activity they are challenged with the opportunity to build their own Web adjacent to our Web and transport each person through the group's own unique Web design.

Trafficking Traps: Replicating a factory process the participants are challenged to load mousetraps, transfer the loaded traps to the assembly area where they must create mousetrap structures. Followed by routing these set trap structures to loading and shipping where the set trap structures wait for inspection. Trafficking Traps is an excellent activity that touches on many aspects of the workplace and leads to discussions from process improvement, to cross training, to high stress and how to deal with these situations.

Trail Challenge: Trail Challenge is the newest Team Challenge activity at Beaver Hollow Conference Center. In fact, this activity can be experience only at Beaver Hollow. It is one that every participant is sure to find exciting, challenging and rewarding.

The goal of this activity is a race to successfully complete every challenge found on the Nature Trail course in the most time effective manner. The skill lies in each Team's ability to match the attributes of the Team members with the various challenges on the course. Critical to the successful completion of each challenge is for each Team to work as a team.

Teams of 4-6 people begin the course at staggered start times. At specific intervals along the course they encounter a new challenge. The challenges range from requiring some degree of physical activity from the members of the Team to other challenges that are purely cerebral. The success, though, in effectively completing each challenge is participation by every member of the Team.

Once each team has navigated the course and completed each challenge, their time is measured against the other Teams. The Team that completes the course with the fastest time is declared the Winner!

The Trail Challenge course encompasses our 2-mile Nature Trail walking path carved through out wooded property. It is a walking path that takes the Teams around our lake, both up and down a few short hills, over a few footbridges, and through an open area. In some spots the Trail has wood chips; in other spots the Trail is more natural with dirt pathways. There are 5 different challenges posted at different intervals along the course. At each challenge a monitor is stationed to ensure the integrity of each Team's performance. A challenge may require the Team to navigate a certain feature of the terrain or it may involve a puzzle or riddle that must be solved.

This is an exciting activity that offers a certain level of physical challenge for most members of the Team.

Walk of Faith: Participants are challenged to load a Mouse Trap and place the trap in the middle of a circle. Participants are then placed into groups of three, and asked to remove their shoes. One member of the group then guides another member through the circle of loaded traps keeping eye contact with the guide.

Trust Fall: After ground level trust sequence, participants are challenged to fall backward into the arms of their peers. A very powerful activity, the Trust Fall builds team unity and trust like few others.

Walk This Way: Group members are challenged to move across a stretch of ground while standing on a set of long beams with hand ropes attached.

Zip Line: The Zip Line is located at the top of the 34' Climbing Tower. This activity is a great finish to the Climbing Tower and Earth Ball/Cargo Net Challenge. The activity is very simple. Participants are safely harnessed to the Zip line pulley and once ready, ride the 200' long Zip line through our Teambuilding Park!

